

Woman



Natalie
LOSES 2st

Ruth's

CHEATING
ROW!

2-DAY
DIET!
Drop 3lbs by Friday!

...and why Eamonn's
thrown her stuff OUT!

DRESS UP!



FROM
£13

'I married my
husband...THEN
his best man!'

NOT FOR RESALE
SOLD AS PART OF
A MULTI-PACK

10 DECEMBER 2014
92p
SUNDAY
GREENE
CANDON
S&P

CHRISTMAS TASTE TEST Yummy turkey to boozy puds!



Winter wonderlands

Put the fun back into the festive season with these Christmassy escapes...

LEVI, LAPLAND, FINLAND

Head up to the Arctic Circle where Father Christmas is busy preparing. Families can pay a visit to Santa in his private grotto hidden deep in a snowy, candlelit forest. Afterwards Mrs Santa and a team of elves will treat you to activities including a forest walk and cooking on an open fire. The village of Levi itself is decked out for Christmas and there are plenty of local restaurants and cafes to enjoy, too.

* **DON'T MISS:** In addition to dropping

in on the big man, you can try activities including husky and reindeer safaris and snowmobile rides, with prices starting from £29.

* **BOOK IT:** Inghams (01483 791111/ingham.co.uk) offer three nights' half-board accommodation at the three-star Crazy Reindeer Hotel from £649pp, including return flights from Gatwick to Kittilä and resort transfer. Departures on selected dates during November and December.

MEET SANTA!



Enjoy Christmas-card scenery in Lapland

PADSTOW, CORNWALL

With its temperate weather and beautiful beaches, it's natural to think of Cornwall as a summer destination, but it's in December that the picturesque seaside town of Padstow really comes into its own. From 4 to 7 December, the Padstow Christmas Festival sees Santa arrive in a Victorian coach pulled by horses, celebrity chefs put on culinary demonstrations and a fireworks display light up the bay. There's also carol singing, street entertainers and a Christmas market with over 100 stalls selling gifts and crafts. Best of all, the cobbled streets, harbour and fishing boats are bedecked with festive lights.

FOODIE FESTIVE TREAT



There'll be plenty of festive flavour in Padstow

* **BOOK IT:** Stay at the chic St Petroc's Hotel (01841 532700/rickstein.com) in the heart of town from £160 per night for a double room with breakfast.

MALTON COOKERY SCHOOL, YORK

Learn to cook the perfect Christmas dinner on Malton's 'Christmas Wrapped Up' break. Professional chefs will share their tricks and, by the end of the day, you'll have a three-course feast to stash in your freezer and reheat on the day.

* **STAY:** The cookery school is just a short walk from the Talbot Hotel, a charming 17th century coaching inn that houses celebrity chef James Martin's restaurant.

* **BOOK IT:** Christmas Wrapped Up is available on the 3, 4 and 6 December and costs from £395 for two people including dinner, B&B (01653 639096/fihotels.com).



After a hard day's cooking, relax at the Talbot Hotel

LEARN TO COOK



Getting away from it all



The picturesque Market Square in Bruges

CHOC LOVER'S DREAM

BRUGES, BELGIUM

If you like Christmas to be filled with chocolate treats, head to Bruges. This medieval town has streets lined

with historic gabled houses and more than its fair share of chocolatiers, where you can handpick soft and hard centres, pralines and fruit creams. While in town, drop into chocolate museum Choco Story and discover how the humble cocoa bean was once used as currency before rising to become the world's favourite confection (entry from £4, choco-story.be).

* **DON'T MISS:** The central Market Square. It will get you in the festive mood. Be sure to try the spiced mulled wine with amaretto.

* **BOOK IT:** Planet Rail (01347 811810/planetrail.co.uk) offer three nights' bed and breakfast at the Hotel Bryghia with Premier Class return rail travel between London's St Pancras station and Bruges on Eurostar from £375 per person.

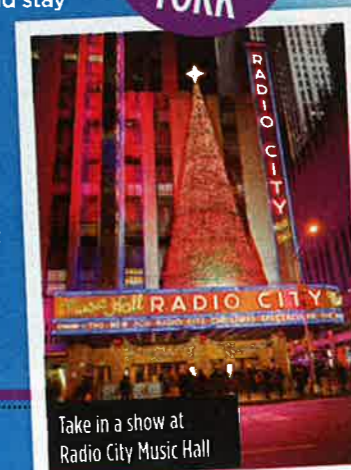


QUEEN MARY 2 CRUISE

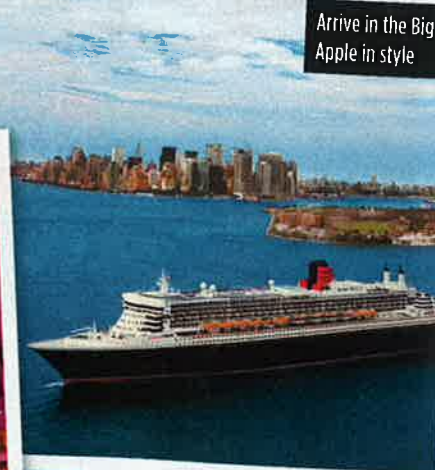
The Big Apple is a hot Christmas shopping destination. But instead of a rushed weekend trip, why not take a cruise? You can unwind on your week-long Atlantic crossing, making the most of the shows, novel-writing workshops, spa and fine-dining on board. You'll arrive in the city relaxed and ready for some serious retail therapy. You can even extend your stay until Boxing Day - plenty of time to go skating at the Winter Village at Bryant Park or see the Radio City Christmas Spectacular show.

* **BOOK IT:** The seven-night Christmas Cruise and stay on Cunard's Queen Mary 2 costs from £999 each, leaving Southampton on 15 December 2014, and includes free balcony cabin upgrade, four-night stay in New York and return flight (0800 408 0758/cruisenation.com).

SAIL TO NEW YORK



Take in a show at Radio City Music Hall



Arrive in the Big Apple in style